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GYMNASTICS **FOR THE TREATING THERAPIST**

Bounce on a full-size trampoline
Power down a tumble track
Fly into a giant pool of foam blocks
Be a kid again and experience
Sensory Integration first hand

Gene Hurwin MA OTR/L and the founder/director of BIG FUN Therapy and Recreational Services directs therapist workouts. The on-going group sessions challenge participants physically & mentally.

Workouts include: cardio, endurance & strength training, stretching, and serious fun.
Put your therapeutic experience and knowledge to personal application.
The Goal: Experience functional movement and enhance your work and life

No gymnastics experience is necessary *and* those with gymnastics expertise also benefit from the workouts. Best of all, *hob-nob* with your fellow wizards while having a blast! Recommended for:

PTs, OTs, STs, RTs, COTAs, PTAs, Aids & students

"Gymnastics specifically for the therapist"

Only \$20 per class

Locations:

Wednesday nights 7-8:30pm at New Hope Gym in Fountain Valley

Monday nights 7-8:30pm at All Olympia in West Los Angeles



SIPT Certification, 4K
Sticking your first front flip...
priceless

For more information and to secure your space please
email: andrea@bigfungymnastics.com