

## Children with Special Needs **Gymnastics Clinic** for:

gymnastics coaches - occupational therapists - physical therapists - parents - educators

### **Gene Hurwin and the BIG FUN Method**

Human beings learn to move before learning to think or speak. From this perspective, BIG FUN Therapy and Recreation builds upon our human sensory drive to seek satisfying experiences that are compelling. Once interest is piqued, BIG FUN introduces intense multiple sensory input to focus the child in order to organize the brain, and improve motor planning and social engagement. BIG FUN engages children to "learn-how-to-learn."

**The goal:** for the child to increase sensory tolerance and appropriately attain this need through intense movement and multiple sensory thresholds.

**The plan:** to engage the child. But how? Where do you start?

**Clue:** engage your child self.

**Food for thought:** Every child enters the gym with both skills and deficits. To improve the typical child's bilateral coordination, motor planning/praxis, organizational behavior, and sensory processing, instructors put the child in a group - and off they go. Can we do the same for kids with special needs? Are there helpful criteria/guidelines for group inclusion, other than age?

Gene Hurwin, MA, OTR/L, founder and director of BIG FUN Therapy, created a method used by coaches and therapists to teach movement (specifically gymnastics) to children with special needs. The BIG FUN Method is used in over 80 gyms in the USA today and continues to grow as the demand for quality instruction grows for kids with special needs in gymnastics arenas.

### **Take Away from the Clinic:** Better/improved...

- use of apparatus for children
- use of space
- understanding of sensory processing
- engagement of child's attention through sensory integration
- compliance of child in gym setting
- motor planning, sensory processing and organizational behavior

**9am-12pm**

**Sunday, February 4th, 2018**

**\$75 per person**

**New Hope Academy of Gymnastics**

**17270 Newhope Street**

**Fountain Valley, CA 92708**

**(For more info contact 310-837-7849)**

**This three hour clinic will be interactive and hands-on. Come prepared to bounce, learn and have BIG FUN.**